Nikkita Stonner, LPC

(303)888-8261 nmostashiry@gmail.com LPC.0013882

Professional Summary

Clinical counseling Master's degree graduate from the University of Northern Colorado, with three years' experience working as a mental health worker at an agency that focuses on children with emotional and behavioral needs. Successfully completed 9-month internship experience providing individual and group therapy for offenders domestic violence. I am currently working at Savio House as a therapist supervisor, previously a Child Protection therapist. I have also recently been trained in Solutions Focused Brief Therapy, Trauma-Focused Cognitive Behavioral Therapy, Alternatives for Families Cognitive Behavioral Therapy, and Risk Reduction through Family Therapy treatment models.

Education and Training

University of Northern Colorado

Master of Arts: Professional Clinical Counseling

CACREP accredited program

* Internship:

Adult offenders of domestic violence at Parker, Froyd and Associates

Metropolitan State College of Denver Bachelor of Arts: Psychology

*Coursework in the field of psychology

*Research assistant for neuropsychology professor

Skill Highlights

Strong problem solving skills

Adaptability

Excellent verbal and written communication skills

Ability to handle multiple strong priorities

Comfortable with leadership positions and opportunities

Strong belief in the importance of supervision and consultation

Familiarity with DSM 5 and diagnostic techniques

Strong belief in continuing education

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Professional Experience

Denver Mental Health Collective Outpatient Therapist February 2019 - Present

Savio House Clinician Supervisor May 2018-February 2019

- Supervise a team of therapist who worked in homes with families and children
- Conduct individual and group supervision weekly
- Conduct individual and group supervision for a team of therapist who implemented the Trauma-Focused Cognitive Behavioral Therapy model.
- Complete intakes with potential clients
- Create detailed treatment plans
- Support therapist in conducting debriefing meetings with clients, professionals and caregivers
- Provide on-call crisis intervention

Savio House Trauma Assessment Clinician January 2017-May 2018

- Complete trauma assessments to children and adolescents ages 5-18 years by conducting cognitive assessments and psychosocial interviews to determine how trauma has made an impact on their lives
- Write reports detailing the trauma assessment and recommendations
- Conduct debriefing meetings with clients, professionals, and caregivers
- Complete pre and post assessment duties as needed, including obtaining releases, completing caregiver forms, gathering information, researching and developing resources for clients.
- Attending weekly supervision

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Savio House Child Protection Therapist March 2014- January 2017

- Provide therapeutic individual and family services to children
 0-12 and their families
- Serve as a liaison for clients and families with outside agencies
- Provide AF-CBT and TF-CBT specific therapies to children and families
- Attend team staffings, court hearings, treatment meetings and trainings as needed
- Develop permanency plans for children
- Provide safe and timely transportation for clients
- Provide on-call crisis intervention
- Provide weekly and monthly reporting in a timely manner
- Research and develop needed resources for client